

DR. JAMAL NASIR

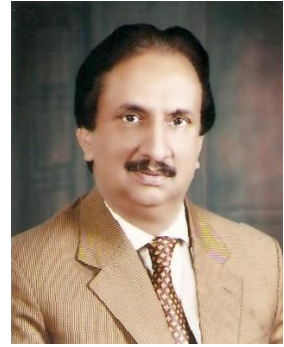
President's Award for Pride of Performance

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CITI LAB

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PERSONAL INFORMATION

Father's Name : Nisar Ahmed Nisar
Date of Birth : 3rd December 1959
N.I.C : 37405-6916629-1
Marital Status : Married
Nationality : Pakistani
Religion : Islam
Hobbies :

- To Serve the Humanity
- Make country Green and clean

QUALIFICATION

F.Sc. (Pre-Medical) Govt. Postgraduate Degree College, Asghar Mall Rawalpindi
M.B.B.S. Rawalpindi Medical College, Rawalpindi
DCP Pakistan Institute of Medical Sciences, Islamabad
FACP USA

OVERSEAS TRAINING

CART (Certificate in Assisted Reproductive Technology) Iran
PCR Training Hong Kong & Thailand

EXPERIENCE

- Demonstrator, Rawalpindi Medical College
- Medical Officer, Benazir Bhutto Hospital (Rawalpindi General Hospital)
- Head of Pathology Department, Govt. Samli Sanatorium, Murree
- Clinical Pathologist, Benazir Bhutto Hospital (Rawalpindi General Hospital)
- Clinical Pathologist, Holy Family Hospital Rawalpindi
- Resignation from Service from 15-01-2001

Dr. Jamal Nasir

Dr. Jamal Nasir is one of the renowned figures of Rawalpindi/Islamabad. He is called **Abdul Sattar Edhi** and **Hakim Saeed** of Rawalpindi. Many columnists have written columns about Dr Jamal Nasir and depicted his social work in their writings. Few of these columnist are **Prof Irfan Siddiqui, Javaid Chaudhry, Khushnood Ali Khan, Zameer Nafees, Muhammad Nawaz Raza, Jabbar Mirza, Sajid Hussain Malik, Dr Muhammad Waseem Khan, Asghar Shad, Izhar Bhatti, Iftikhar Nazir** and others. Dr Jamal Nasir is a graduate of Rawalpindi Medical College and has done his specialization in Pathology. He was appointed as Pathologist in Holy Family Hospital. He resigned from this post considering his job as hindrance in his social work in 2001.

Dr. Jamal Nasir understands that Hepatitis is a dreadful disease for the people of Pakistan. **He has declared that Hepatitis C is the AIDS of Pakistan.** He has conducted many workshops, walks, talk shows, seminars, conferences etc to create awareness about Hepatitis among the people of Pakistan. He has been arranging one of the biggest walks of Pakistan in Islamabad for the past twenty three years in which about 3000 people from different walks of life participate. Due to his efforts vaccination against **Hepatitis has been included in the Extended programme of immunization (EPI) by Government of Pakistan.**

He has made efforts for the provision of **Safe drinking water** written many articles about Typhoid, Hepatiits, and Polio etc. He knows that many diseases spread due to use of unsafe drinking water. He has donated many **filtration plants** and **water coolers** to different schools, organizations etc.

Dr. Jamal Nasir is president of a social organization named Pakistan Green Task Force with the slogan of "Make the Country clean & Make the Country Green". About **5,00,000 (5 lac) plants** have been planted on different roads, schools, colleges and hospitals of Rawalpindi Islamabad. He has also worked for **eradication of smoking** among the masses and for establishment of Health University in Pakistan.

Dr. Jamal Nasir is running his **private clinical lab** at Rawalpindi/Islamabad with various collection points in different cities with the name of Citi Lab. It is a state of Art and also **ISO certified lab** with acceptance of its reports at **John Hopkins Cromwell Hospital, King Abdul Aziz** hospital and among other leading hospitals of the world. At his lab Dr. Jamal Nasir provides free laboratory services to the poor who cannot afford to pay. Almost **40,000 people are benefited** from Dr. Jamal's lab annually. He has donated **ACs, room coolers, medicines** for the general wards of various government hospitals, **pumps** for thalassaemia patients, **sewing machines & bicycles** to deserving people on regular basis.

Dr. Jamal Nasir actively coordinates with many **welfare organizations** like Thalassaemia welfare society, Kashana, Asshiana, Edhi, Agha Khan Foundation, Anjuman Faizul Islam, Dar Ul Aman, Dar Ul Aafiat, Dar Ul Shafqat, Sultana Foundation, Madaras, orphan houses and many others.

Dr. Jamal Nasir manages free **medical camps** in which free vaccination is provided against Meningitis, Measles, Flu and Hepatitis B. He took active part when Dengue outbreak took place in Sept 2011 and Oct 2013. He established 12 free medical camps in Rawalpindi, Islamabad, Choa Saidan Shah, Talagang, Chakwal and Kharian. In these camps over **25,000 CBC test** were done without taking a penny

only on humanitarian grounds. Dr Jamal Nasir was appointed as incharge of Anti Dengue campaign by chief minister Punjab Mian Muhammad Shahbaz Sharif in 2013.

Dr Jamal Nasir has **attended more than 70 seminars** training programs and attended more than **50 national and international conferences**. He has **published 13 research papers** on different diseases and is author of a book on Pathology.

He has been awarded **Best Rawalian award** by Rawalpindi Medical College, **Pride of Performance** by Ministry of Environment, **Best Citizen** by Islamabad Police, **Medal of Merit** by President of Pakistan Mr Asif Ali Zardari in 2012. Recently he has been awarded **Pride of Performance** by President of Pakistan Mr Mamnoon Hussain in the field of social work. For his meritorious services a bridge was named after the name of Dr. Jamal Nasir which he inaugurated on 16 March 2001.

He is life member of **National Press Club, Rawalpindi Press Club, Chakwal Press Club and Shalimar Club Rawalpindi**.

Dr Jamal Nasir has done many development works including **construction of Parks, Flood Lights, and establishment of laboratories** at dispensaries of FIA and Islamabad Traffic Police, renovation of three **graveyards** Shah Qaaf New Kharian, Pir Wadhai, Dhoke Ellahi Bakhsh Rawalpindi. Boundary walls and passageways of these graveyards were constructed and solar lights were installed. He actively took part for victims of **earthquake** of 2005 and Flood effected people of heavy floods of 2001 and 2010. He conducted a **national survey of Hepatitis B, C in which over 50,000** thousand tests were done throughout the country. Many scholars have been benefited by this survey as majority of these scholars have prepared their **research papers** from this survey. Many of his students are serving in different capacities throughout Pakistan and abroad.

Dr. Jamal Nasir is **Commissioner** Resources Punjab Boy Scout Association, **President** Health & Laboratories Committee Rawalpindi Chamber of Commerce & Industry, **Member National Immunization Technical Advisory Group (NITAG)**, **Member** Human Organ Transplant Evaluation Committee Rawalpindi Medical College & Allied Hospitals, **Councilor** Society of Gastro Enterology & Liver (Federal), **Executive Member** Management Committee(RAMCOF) Rawalpindi Overseas Foundation, **Member Constituency** Inspection Committee Islamabad/Rawalpindi, **Executive Member** Pakistan Red Crescent Society (PRCS) Islamabad.

MEMBERSHIPS

- President, Pakistan Green Task Force (PGTF)
- President (*Ex*), Holy Family Hospital Welfare Committee.
- National Coordinator (*Ex*), National Coordinator for Survey of Hepatitis B and C in Pakistan.
- Executive Member, Pakistan Red Crescent Society (PRCS)
- Member, Asian Pacific Association for the Study of Liver (APASL)
- Member, National Immunization Technical Assistant Group (NITAG)
- Member, Pakistan Society of Gastroenterology & G.I. Endoscopy
- Member, Human Organs Transplant Evaluation Committee (RMC & Allied Hospitals)
- Chairman (*Ex*), Public Relations & Interaction Committees Pakistan Medical Association Rawalpindi/Islamabad
- Chairman Executive Committee (*Ex*), Divisional Public School Rawalpindi
- Executive Member, Divisional Public School Rawalpindi
- General Secretary (*Ex*), Pakistan Association of Pathologist, Rawalpindi/Islamabad
- Member Board of Governors, Pakistan Thalassemia Welfare Society Pakistan
- Media Advisor, Asia Hepatitis Society, Pakistan
- Former Information Secretary, Pakistan Medical Association, Punjab
- Former Central Counselor, Pakistan Medical Association Pakistan
- Member Advisory Council, Darul Aman Rawalpindi (An institution of Social Welfare Department)
- Member Advisory Council, AAFIAT (An institution of Social Welfare Department)
- Member Advisory Council, Darul Falah (An institution of Social Welfare Department)
- Member Advisory Council, Kashana (An institution of Social Welfare Department)
- Member/Chairman Health Committee, Rawalpindi Chamber of Commerce & Industry
- Commissioner Resources (Hons), Punjab Boys Scouts Associations
- Honorary Member (Life Time), National Press Club Islamabad.
- Honorary Member (Life Time), Rawalpindi Press Club
- Honorary Member (Life Time), Chakwal Press Club
- Honorary Member (Life Time), Shalimar Sports Club, Rawalpindi

FAMILY BACKGROUND

Grand Father Chaudhry Barkat Ali was an active member of Tehrik-e-Khilafat (Caliphate Movement) and worked with Maulana Muhammad Ali Johar and Maulana Shaukat Ali Johar.

Father Nisar Ahmed Nisar was Former BD Member of Local Govt. in 1964, Former Political Agent of Fatima Jinnah in presidential election in 1966, Former General Secretary PML Qayyum group, Former Senior Joint Secretary PML and affiliated with PML throughout his political carrier since 1960 to this date.

Mother was First Lady Councillor of the city and president of Anjuman Ghareloo Khawateen (Association of Housewives), Rawalpindi/Islamabad.

PROFESSIONAL

CITI LAB is one of the famous labs in Pakistan. It is one of three biggest labs in private sector in Pakistan (Excluding Agha Khan Health Foundation, Shaukat Khanum Memorial Cancer Hospital and biggest lab in Rawalpindi/Islamabad. The quality of results is comparable to best labs of Pakistan even Agha Khan/Shaukat Khanum. Qualified team of pathologist is working and almost all those tests which are done at Agha Khan/Shaukat Khanum available at **CITI LAB**. It is ISO 9001:2008 certified lab. Quality control is checked by CAP (USA), EQAS (USA), RIQAS (UK) and NEQAPP (PK).

ACHIEVEMENTS AND SOCIAL ACTIVITIES

- Inclusion of Hepatitis B Vaccination in Extended Programme of Immunisation (EPI) by Govt. of Pakistan.
- Inclusion of free treatment of Hepatitis C for poor patients by Govt. of Pakistan.
- Environment Protection by installation of more than 5 lac plants.
- Provision of Water Purification Plants by Govt. agencies & Non Govt. Organizations
- Fight against Smoking and ordinance introduced to prohibit smoking at public places.
- Establishment of First Medical University (University of Health Sciences, Lahore)
- Rehabilitation of Senior Citizens:
- Improvement of health services for hospitals and doctors.